

Activity I: Boundary Setting - Partner Activity

Use the list of behaviors below to complete this exercise. Copy the number of each behavior into the grid in the column that best represents your opinion of whether or not it is appropriate workplace behavior.

After placing all ten behaviors, compare your responses with a partner. Discuss any differences. For those behaviors where there is a difference of opinion, discuss your ideas and whether or not there would be a benefit to working toward a more consistent guideline from the company.

- 1. Listening in on someone's conversation. (They are aware you are listening, and have not specifically asked for privacy.)
- 2. Listening in on someone's conversation; then sharing with others.
- 3. Telling a humorous, possibly embarrassing story about a colleague.
- 4. Audibly swearing (while experiencing high frustration).
- 5. Audibly swearing with no apparent cause.
- 6. Directly or indirectly referring to someone's age in a discussion about technology.
- 7. Asking someone if they need help with technology.
- 8. Stopping by someone's cubicle to share a personal experience that has nothing to do with work.
- 9. Stopping by someone's cubicle (without a specific appointment) to discuss a work-related issue.
- 10. Telling someone that their behavior is disrupting the team's progress.

Inappropriate behaviors Appropriate behaviors			
INAPPROPRIATE	Borderline INAPPROPRIATE	Borderline APPROPRIATE	APPROPRIATE